

List of publications from LifeFirst tobacco cessation programme:

1. Gupte HA, Mandal G. Differences in preparedness among managers and workers for a tobacco-free workplace policy and cessation services at their workplace : A situational analysis survey in six workplaces in India. *Population Medicine*. 2024;6(October)(30). <https://doi.org/10.18332/popmed/195851>
2. Gupte HA, Kruse GR, Chang Y, Jagiasi D, Sultan P, Rigotti NA. Post-discharge tobacco abstinence in a Mumbai hospital after implementation of tobacco cessation counseling : A pragmatic evaluation of the LifeFirst program. *PLoS One*. 2024;19(11):1-15. <https://doi.org/10.1371/journal.pone.0312319>
3. Mahtani S, Viswanath K, Gupte H, Mandal G, Jagiasi D, Chawla R, D'Costa M, Xuan Z, Minsky S, Ramanadhan S. Adapting and Evaluating a Brief Advice Tobacco Cessation Intervention in High-reach, Low-resource Settings in India: Protocol for a Cluster Randomized Controlled Trial. *JMIR Research Protocols*, 2024;13:e57236 <https://www.researchprotocols.org/2024/1/e57236>
4. Gupte, H. A., Chatterjee, N., & Mandal, G. Comparison of School-Attending Adolescent Areca Nut Users with Tobacco-Only Users and Those Using Both Substances on Demographic Variables and Behavioral Determinants. *Asian Pacific Journal of Cancer Prevention*, 25(9), 3105–3110. <https://doi.org/10.31557/APJCP.2024.25.9.3105>
5. Gupte, H. A., D'Costa, M., Gupta, S., & Sonawane, V. Integration of a Tobacco Cessation Program into a Rural Community-Based Maternal and Child Health Program in India: A Stakeholders' Perspective on Task Shifting. *Nicotine and Tobacco Research*, <https://doi.org/10.1093/ntr/ntae058>
6. Chatterjee, N., & Gupte, H. A.. Areca nut use among adolescents: How do we prevent and control this problem? *Journal of Global Health*, 13, 03022. <https://doi.org/10.7189/jogh.13.03022>
7. Ramanadhan, S., Xuan, Z., Choi, J., Mahtani, S. L., Minsky, S., Gupte, H., Mandal, G., Jagiasi, D., & Viswanath, K. Associations between sociodemographic factors and receiving "ask and advise" services from healthcare providers in India : analysis of the national GATS 2 dataset. *BMC Public Health*, 1–11. <https://doi.org/10.1186/s12889-022-14538-2>

8. Gupte, H., Mandal, G., & Chatterjee, N. (2022). Sociodemographic factors, attitudes, and tobacco use among adolescent areca-nut users in Mumbai, India. *Indian Journal of Community Medicine*.
https://doi.org/10.4103/IJCM.IJCM_432_22
9. Gupte, H. A., Chatterjee, N., Mandal, G., & Costa, M. D. (2022). Adolescents and E-cigarettes in India : A Qualitative Study of Perceptions and Practices. *Asian Pacific Journal of Cancer Prevention*, 23, 2991–2997.
<https://doi.org/10.31557/APJCP.2022.23.9.2991>
10. Gupte HA, Chatterjee N, Mandal G. Using the Theory of Planned Behavior to Explain and Predict Areca Nut Use Among Adolescents in India : An Exploratory Study. *Subst Abuse Rehabil*. 2022;(September):47-55.
<https://doi.org/10.2147/SAR.S377606>
11. Kumbhalwar A, Hegde S, Kakodkar P, Mehta V, Gupte H, Jadhav S. Effectiveness of Behavioral Counseling in Smokeless Tobacco Cessation Among Adult Users Reporting to a Dental Hospital in Pune: A Randomized Controlled Trial. *Cureus*. 2022;14(2016):1-10. <https://doi.org/10.7759/cureus.24041>
12. Chatterjee N, Gupte HA, Mandal G. How Do Adolescents Assess and Rank the Risk of Areca Nut Use? Findings from a Study in Mumbai, India. *Asian Pacific J Cancer Prev*. 2022;23(2):537-544. <https://doi.org/10.31557/APJCP.2022.23.2.537>
13. Gupte, H. A., Mandal, G., & Costa, M. D. (2021). Implementing a Tobacco Cessation Program for Pregnant Women in an Antenatal Care Setting : A Mixed Methods Study. 7(5), 156–160. <https://doi.org/10.31254/jmr.2021.7509>
14. Mandal, G., Satyanarayana, S., Dongre, A. R., Mahalakshmy, T., & Gupte, H. A. (2021). Assessing the outcome and influencing factors of a behavioral tobacco cessation intervention within a workplace setting : A mixed methods study. *Population Medicine*, 3(June)(16), 1–10.
<https://doi.org/10.18332/popmed/135443>
15. Bhojani, Upendra, Amiti Varma, Pragati B Hebbar, Gauri Mandal, and Himanshu Gupte. “LifeFirst : Impact of a School-Based Tobacco and Supari Cessation Intervention among Adolescent Students In.” *Population Medicine* 3(May), no. 12 (2021): 1–9. <https://doi.org/10.18332/popmed/134990>.
16. Nilesh Chatterjee, Himanshu A Gupte, Gauri Mandal. “A qualitative study of perceptions and practices related to areca nut use among adolescents in Mumbai,

India”, *Nicotine & Tobacco Research*, 2021; ntab067.

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17. Gupte, Himanshu A., Marina D’Costa, Shoba Ramanadhan, and Kasisomayajula Viswanath. “Factors Influencing Implementation of a Workplace Tobacco Cessation Intervention in India: A Qualitative Exploration.” *Workplace Health and Safety* 69, no. 2 (2021): 56–67. <https://doi.org/10.1177/2165079920952761>.
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19. Gupte, Himanshu A, Vaibhav Thawal, Kripa Gopalan, and Nilesh Chatterjee. “Tobacco Cessation and the Non-Allopathic Private Physician in India : A Survey in Navi Mumbai , India.” *National Journal of Community Medicine* 11, no. 2 (2020): 64–70. <https://doi.org/10.5455/njcm.20190910080603>.
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21. Gupte, Himanshu A, Marina D’Costa, and Leni Chaudhuri. “Why Do Adolescents Initiate and Continue Using Tobacco and Areca Nut?: A Qualitative Study Tracing Pathways of Use among School-Going Adolescents in Mumbai, India.” *Nicotine & Tobacco Research*, 2020, 1–10. <https://doi.org/10.1093/ntr/ntaa015>.
22. Kruse, Gina R, Vaibhav Thawal, Himanshu A Gupte, Leni Chaudhuri, Sultan Pradhan, Sydney Howard, and Nancy A Rigotti. “Tobacco Use and Subsequent Cessation Among Hospitalized Patients in Mumbai, India: A Longitudinal Study.” *Nicotine & Tobacco Research*, 2019, 1–8. <https://doi.org/10.1093/ntr/ntz026>.
23. Gupta, Prakash C, Cecily S Ray, Roger L Papke, Irina Stepanov, Samir S Khariwala, Pankaj Chaturvedi, Himanshu A Gupte, and Mangesh S Pednekar. “Perspectives on Areca Nut with Some Global Implications: Symposium Report.” *Translational Research in Oral Oncology* 3 (2018). <https://doi.org/10.1177/2057178X18814068>.

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25. Chatterjee, Nilesh, Priyamvada Todankar, Gauri Mandal, Himanshu Gupte, Vaibhav Thawal, Tshering Bhutia, and Leni Choudhuri. "Factors Associated with Tobacco Use in Students Attending Local Government Schools in Mumbai, India." *Asian Pacific Journal of Cancer Prevention : APJCP* 17, no. 12 (2016): 5075–80. <https://doi.org/10.22034/APJCP.2016.17.12.5075>.